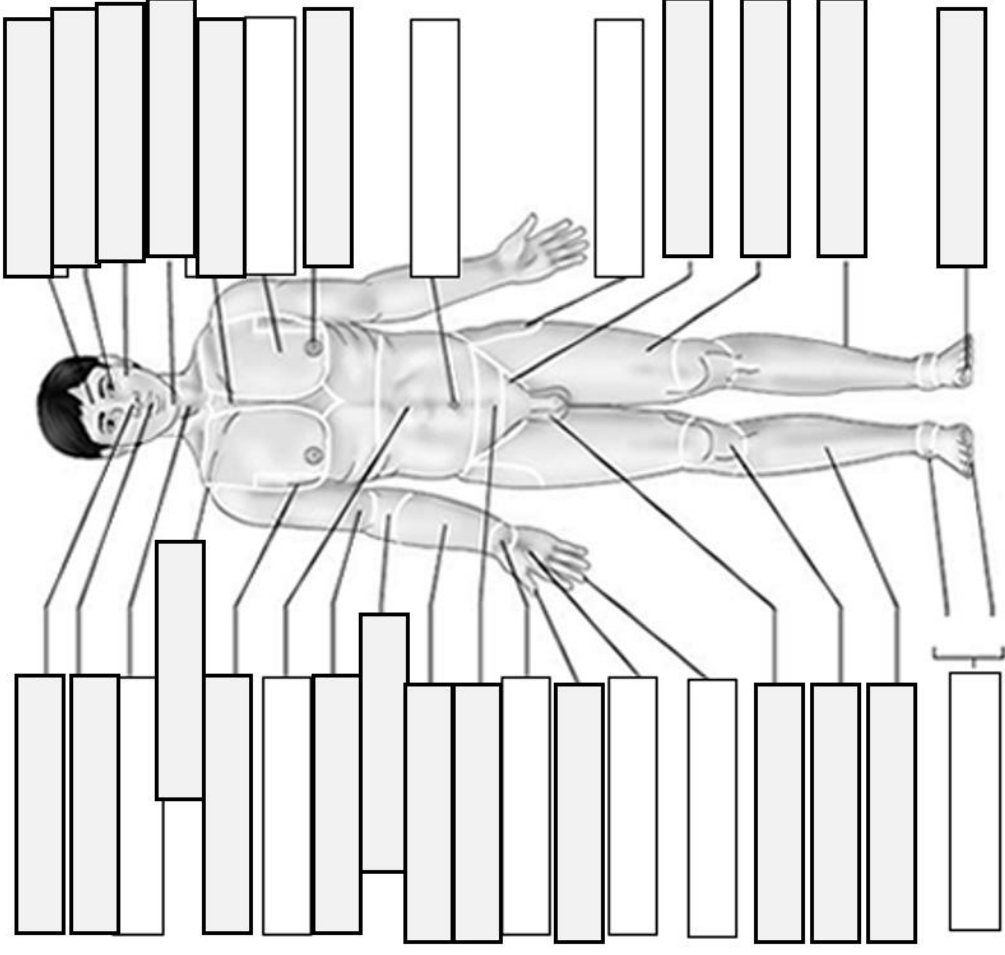
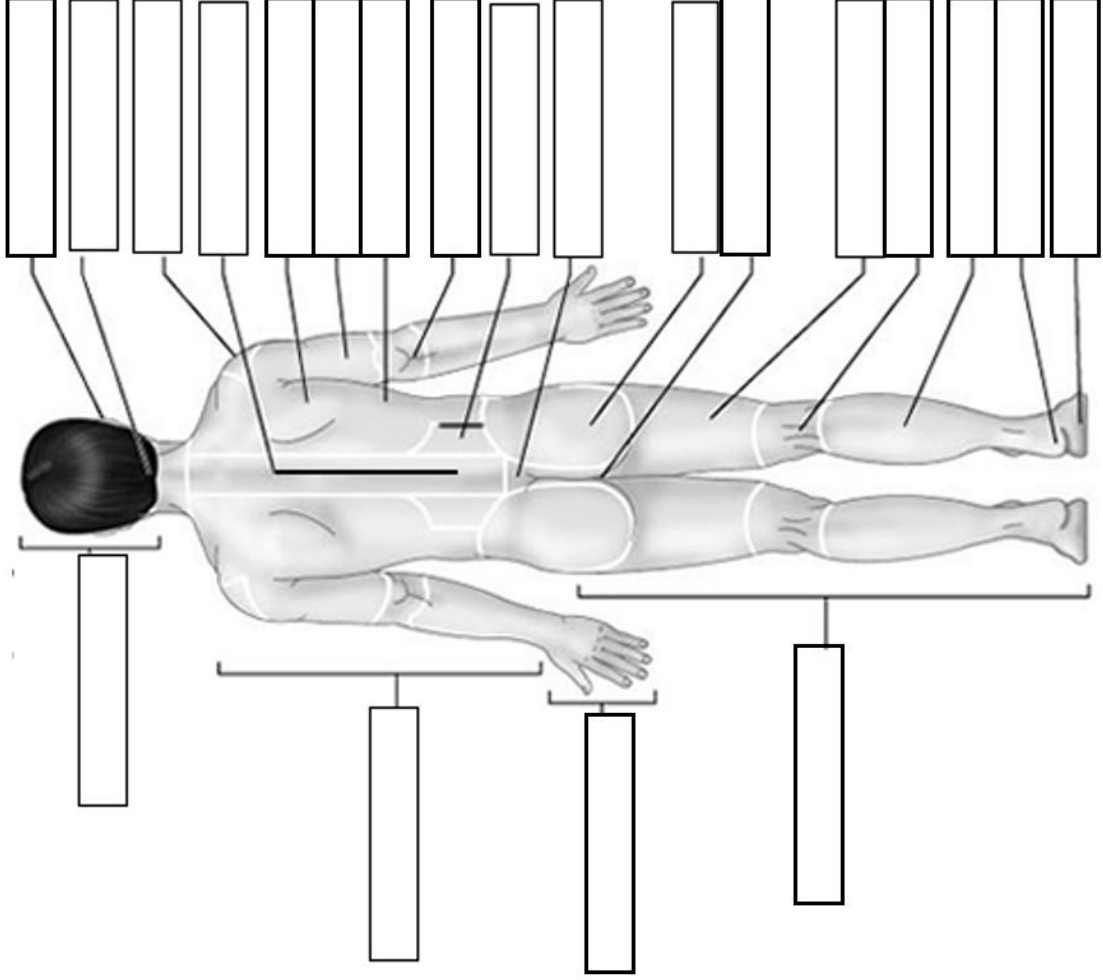


NAME _____

Directions: The purpose of this exercise is for you to learn proper anatomical terms for different parts of the body. Use the image on the last page for reference



TERMINOLOGY

CN 12

1. Color the four body planes in quiet, pastel colors.
2. Color the anatomical directions (arrows) in bright or dark colors for emphasis.
3. The body itself is not to be colored.

A precise set of terms and planes have evolved to describe positions, relationships, and directions within the human body. To avoid confusion, they must always be related to the standard *anatomical position*: standing erect, palms of the hands forward.

Planes are fixed lines of reference along which the body is often divided (sectioned) to facilitate the viewing of structure. By studying a region from sagittal, transverse, and frontal planes of reference, a 3-dimensional perspective can be obtained.

Terms of *position* and *direction* describe the position of one organ relative to another, usually along one of the three major body planes.

BODY PLANES*

MEDIAN^a

The midline plane dividing the body into left/right halves.

SAGITTAL^b

The plane dividing the body into unequal left and right parts and parallel to the median plane. The terms medial and lateral relate to this plane.

CORONAL, FRONTAL^c

The plane dividing the body into equal/unequal front and back parts. The terms anterior/posterior relate to this plane.

TRANSVERSE, CROSS HORIZONTAL^d

The horizontal plane divides the body into upper (cranial) and lower (caudal) parts. Cross/transverse sections are perpendicular to the long axis of the body or other structure and may not be horizontal.

ANATOMICAL DIRECTIONS/POSITIONS*

CRANIAL, SUPERIOR^e

These terms refer to a structure being closer to the head or higher than another structure in the body.

CAUDAL, INFERIOR^f

These terms refer to a structure being closer to the feet or lower than another structure in the body.

ANTERIOR, VENTRAL^g

These terms refer to a structure being more in front than another structure in the body.

POSTERIOR, DORSAL^h

These terms refer to a structure being more in back than another structure in the body.

MEDIALⁱ

This term refers to a structure being closer to the median plane than another structure in the body.

LATERAL^j

This term refers to a structure being further away from the median plane than another structure in the body.

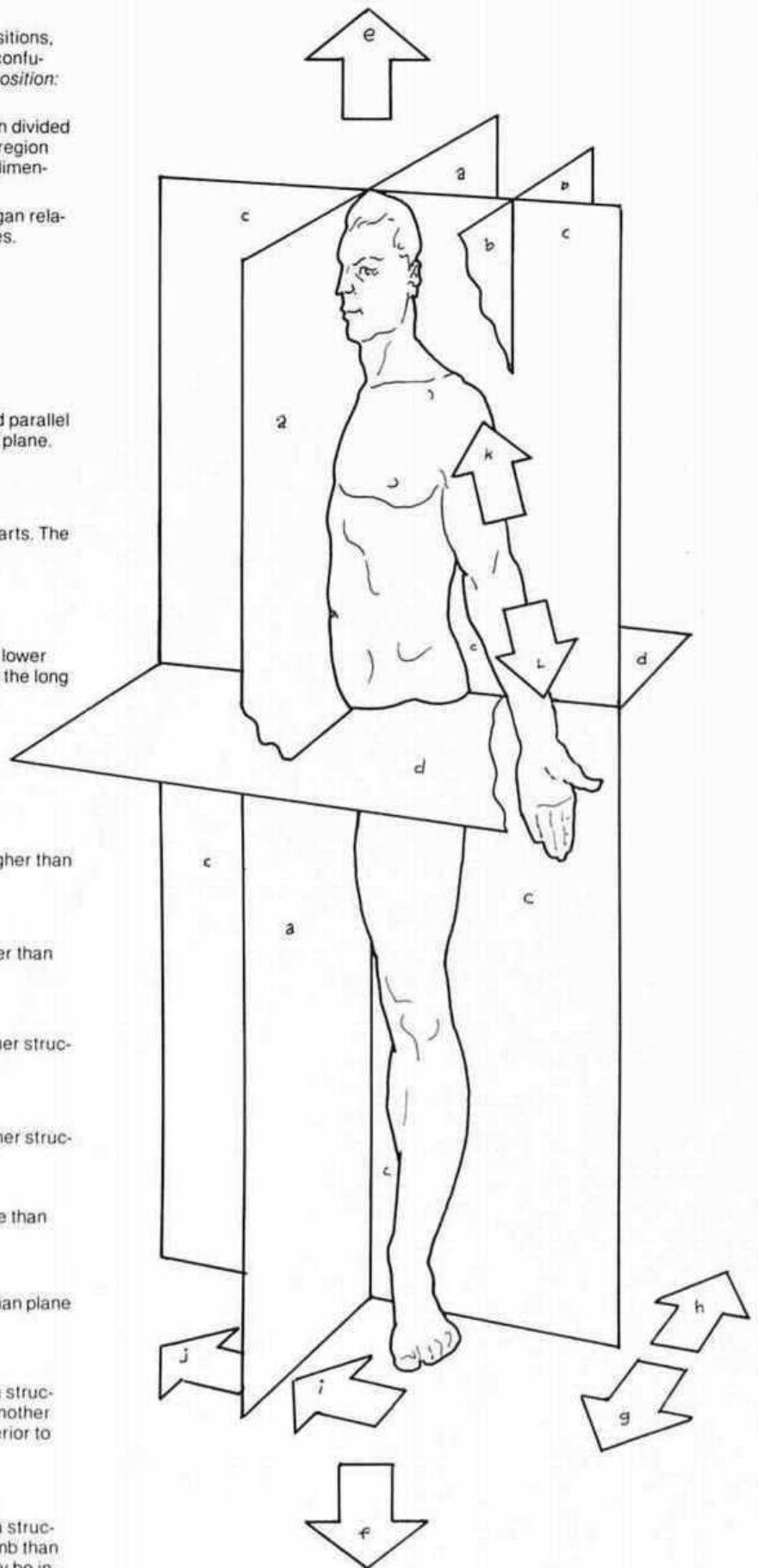
PROXIMAL^k

Employed with reference to the limbs only, this term refers to a structure being closer to the median plane or root of the limb than another structure in the limb. Such a structure would ordinarily be superior to the other.

DISTAL^l

Employed with reference to the limbs only, this term refers to a structure being further away from the median plane or root of the limb than another structure in that limb. Such a structure would ordinarily be inferior to the other.

Directions: The purpose of this exercise is for you to learn directional terminology of the human body. Meditate on the terminology as you color. Please work neatly!



SKELETAL SYSTEM BONES OF THE SKULL*

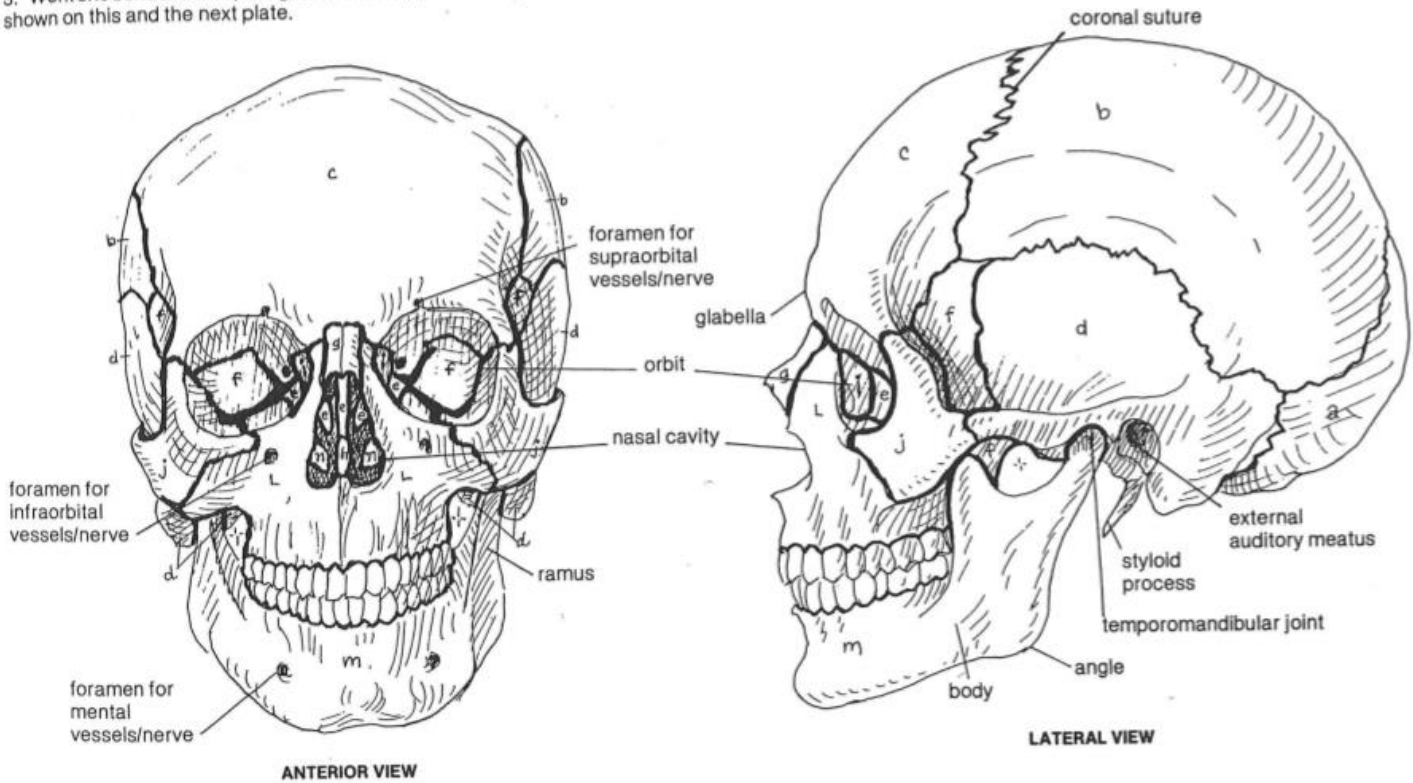
CRANIAL 8: OCCIPITAL 1, PARIETAL 2, FRONTAL 1,
TEMPORAL 2, ETHMOID 1, SPHENOID 1,

FACIAL 14: NASAL 2, VOMER 1, LACRIMAL 2;
ZYGOMATIC 2, PALATINE 2, MAXILLA 2,
MANDIBLE 1, INFERIOR NASAL CONCHA 2,

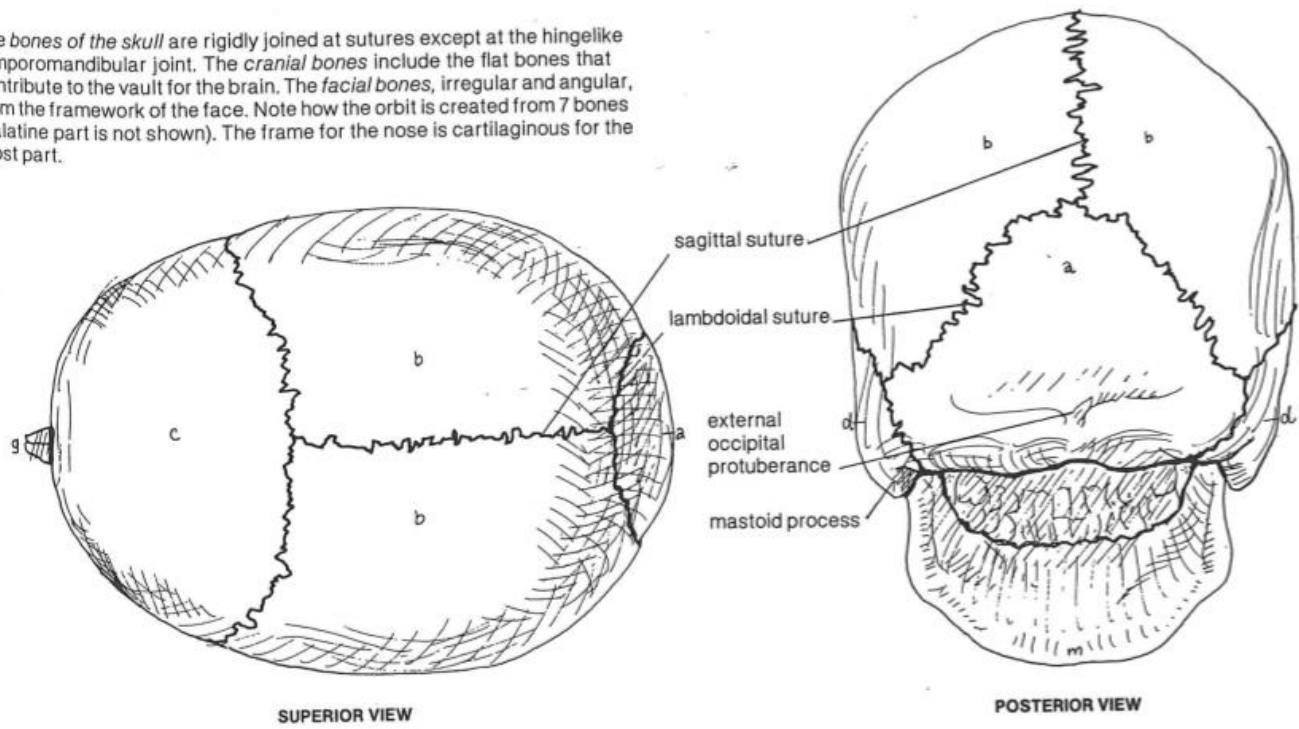
CN 14

1. Work with this plate and the next one at the same time.
2. Save the brightest (darkest) colors for the smallest bones.
3. Work one bone at a time, filling it in where it appears in any of the 7 views shown on this and the next plate.

Directions: The purpose of this exercise is for you to learn names of the bones of the human skull. Meditate on the terminology as you color. Please work neatly!

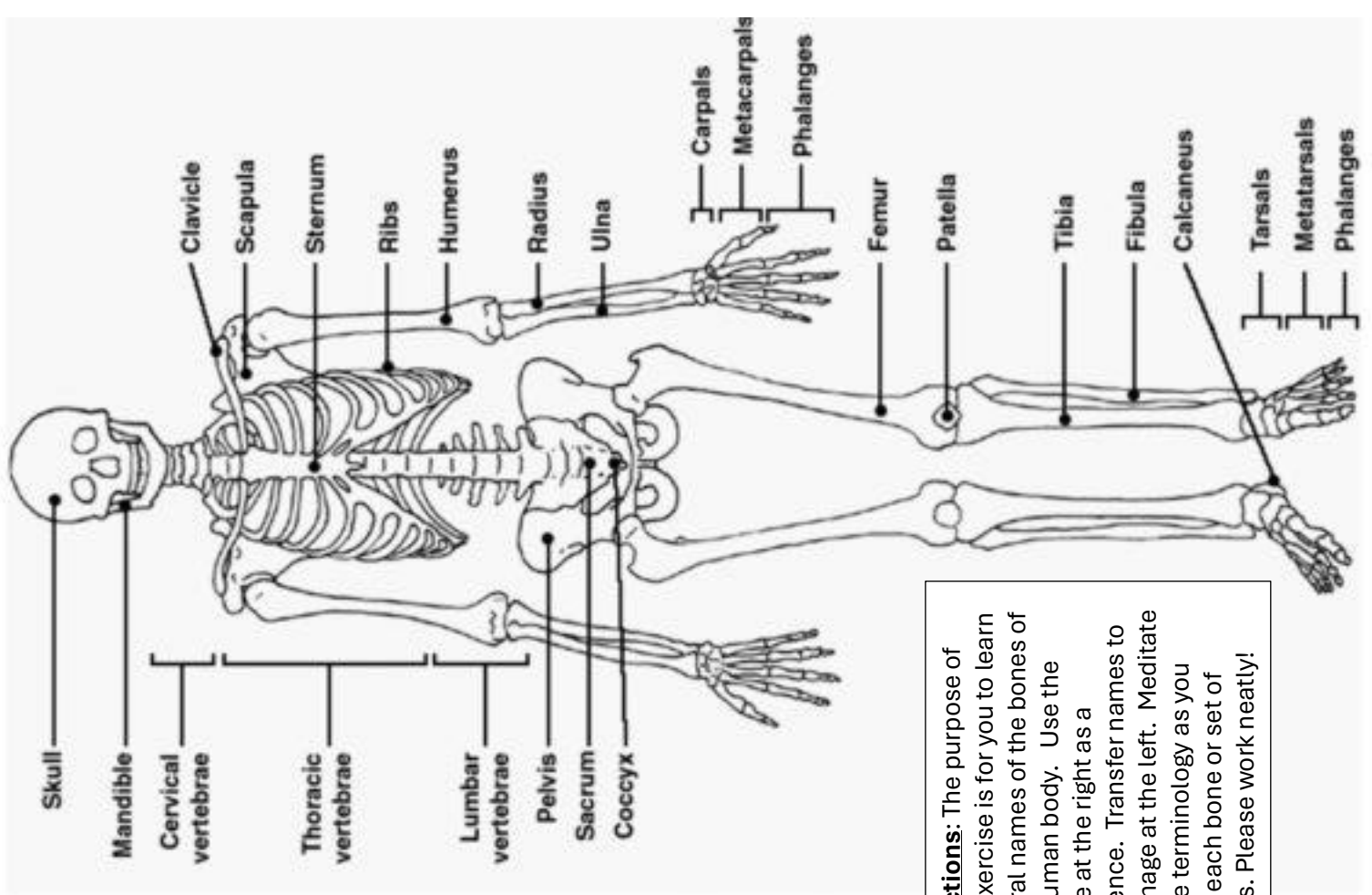
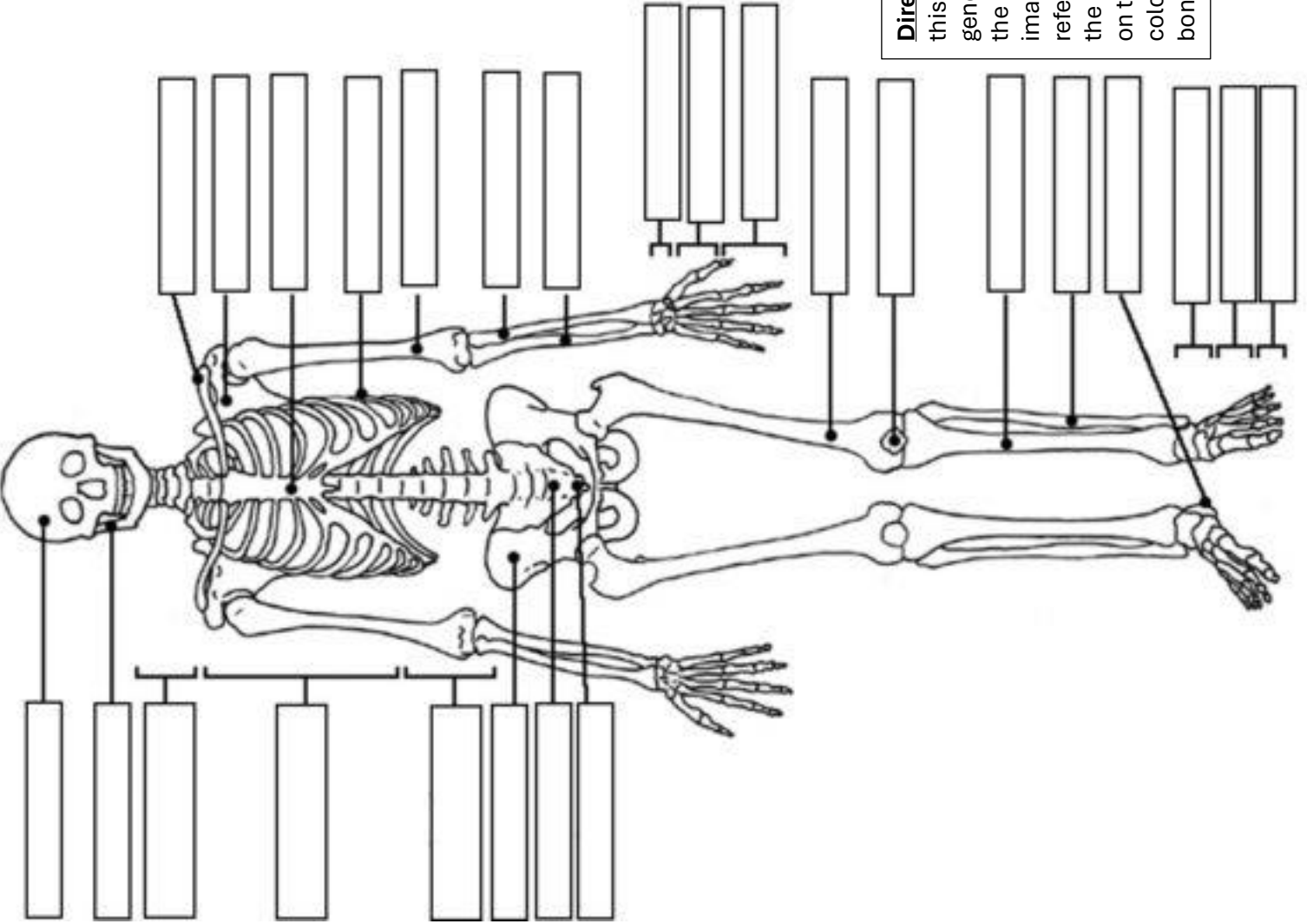


The *bones of the skull* are rigidly joined at sutures except at the hingelike temporomandibular joint. The *cranial bones* include the flat bones that contribute to the vault for the brain. The *facial bones*, irregular and angular, form the framework of the face. Note how the orbit is created from 7 bones (palatine part is not shown). The frame for the nose is cartilaginous for the most part.



SUPERIOR VIEW

POSTERIOR VIEW



Directions: The purpose of this exercise is for you to learn general names of the bones of the human body. Use the image at the right as a reference. Transfer names to the image at the left. Meditate on the terminology as you color each bone or set of bones. Please work neatly!

